

PINNACLIFE®

Heart Health

Cardiovascular disease continues to be one of the leading causes of death in the United States according to the Centers for Disease Control and American Heart Association. In fact, over 600,000 deaths are related to heart disease every year, representing 25% of all annual deaths in America. Coronary heart disease contributes an estimated \$108.9 billion in healthcare costs each year.

At PinnacLife, we know just how important it is to protect the heart and circulatory system to help reduce the risk of cardiovascular disease. This is why we include a wide variety of ingredients in our nutritional supplements that are known to have protective benefits for the heart and circulatory system including:

- Prebiotic Fiber
- Magnesium
- Vitamin D
- Co-Q10
- Acetyl-L-carnitine
- Taurine
- Alpha-Lipoic Acid
- Olive Leaf Extract (Hydroxytyrosol)
- Grapevine / Red Wine Extract (Resveratrol)
- Green Tea Extract (EGCG/ECG)
- Turmeric (Curcumin)
- Fish Oil (Omega-3's EPA and DHA)
- B vitamins (B-12, folate, B1, B2, B3, B5, B6)



Combining these supplements with a healthy diet, exercise, and avoiding unhealthy behaviors like smoking or excessive alcohol consumption can help you on your way to a healthier heart. Consider incorporating PinnacLife supplements to help provide your body with the heart-healthy nutrients it needs.

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